



FOR IMMEDIATE RELEASE

## ***Houston's unique Guide to Good Divorce program announces its 2019 seminar schedule***

### ***This year's schedule includes a seminar presented in Spanish***

HOUSTON – Marking its eighth year of operation, *The Guide to Good Divorce* program announced today its 2019 seminar schedule. This year the program will offer a seminar presented in Spanish, along with three seminars presented in English.

The unique and increasingly popular workshops are designed to help women transition legally, financially and emotionally through the divorce process to a healthier, happier life -- post-divorce. Hundreds of women have attended the quarterly workshops since they began in 2012.

“Divorce is rarely easy,” explains Trey Yates, a Houston based, board-certified family law attorney and founder of the program. “Yet, navigating these rough waters with a road map based on knowledge, preparation and support can be transformational.”

The half-day *Guide to Good Divorce* seminars include sessions led by Yates on the law of divorce in Texas, a presentations from a Certified Divorce Financial Analyst, a therapist and other wellness experts.

“Our seminars are holistic in scope and provide women with vital information they need to make informed decisions about the divorce process and putting their lives back together,” says Yates. “The program addresses not only the legal and financial challenges of divorce, but also its potential as a time of self-discovery and personal growth. Our program also encourages attendees to build support communities, and address psychological and spiritual wellness needs.”

According to Yates, the decision to add a seminar presented in Spanish was based on a growing need to provide this service to women in the greater Houston area whose first language is Spanish. The seminar presenters are local legal, financial and wellness experts who speak Spanish and English, for optimum audience comprehension.

#### **Here is the 2019 seminar schedule:**

**Saturday, Jan. 26**

**Saturday, April 13 (presented in Spanish)**

**Saturday, July 27**

**Saturday, September 28**

**All seminars will take place at the Houstonian Hotel , 111 N. Post Oak Lane, Houston, from at 8:30 a.m. - 2 p.m.**

“We have had great success reaching many women who find themselves at this difficult cross-road. I have witnessed our attendees draw strength, comfort and self-confidence from our seminars and each other as they tackle the many challenges of divorce.”

Yates has practiced family law in the greater Houston Metropolitan Area since 1986. His idea for the seminars evolved over several years as he realized many of his female clients going through divorce could benefit from additional assistance beyond legal services.

###

***About The Guide to Good Divorce***

*The Guide to Good Divorce program is a non-profit designed to help women successfully navigate all stages of the divorce process, and move toward a healthier, happier life – post-divorce. The program and seminars were created by Houston-based, Board Certified Family Law attorney, Trey Yates. At the heart of the program is information and guidance from uniquely qualified experts on the law of divorce in Texas, divorce financial planning, life skills, and achieving physical and spiritual wellness. The Guide to Good Divorce also provides opportunities for women facing divorce to network and connect with each other for support. For more information, visit [www.GuideToGoodDivorce.com](http://www.GuideToGoodDivorce.com), or call 713-932-7177.*

***About The Law Office of Sam M. (Trey) Yates***

*The Law Office of Sam M. (Trey) Yates, III, P.C. has been serving citizens of Harris, Fort Bend, Galveston, and Brazoria counties since 1986 primarily in the area of complex family law matters and probate/guardianship litigation. Trey Yates is certified by the Texas Board of Legal Specialization in Family Law. For more information, visit [www.treyyateslaw.com](http://www.treyyateslaw.com) or call 713-932-7177.*

**Media Contact:**

Pamela Schied

713-416-4410

[pam@thinkforesight.com](mailto:pam@thinkforesight.com)