



FOR IMMEDIATE RELEASE

## ***Houston's unique Guide to Good Divorce program announces its 2020 seminar schedule***

***Workshop has helped hundreds of women prepare for divorce and starting over***

HOUSTON December 2019 – *The Guide to Good Divorce* program announced today its 2020 seminar schedule. The unique and increasingly popular seminars are designed to help women transition legally, financially and spiritually through the divorce process to a healthier, happier life -- post-divorce.

“Divorce is rarely easy -- yet navigating these rough waters with a road map based on knowledge, preparation and support can be transformational,” explains Trey Yates, a veteran, Houston based, board-certified family law attorney and founder of the program.

“Our seminars are wholistic in scope and provide women with vital information they need to make informed decisions about the divorce process and putting their lives back together,” says Yates. “The program addresses not only the legal and financial challenges of divorce, but also its potential as a time of self-discovery and personal growth. Our program also encourages attendees to build support communities, and address emotional and spiritual wellness needs.”

Here is the 2020 Guide to Good Divorce seminar schedule:

**Saturday, Jan. 25; 8:30 a.m. - 2 p.m. at the Houstonian (111 N. Post Oak Lane)**

**Saturday, Apr. 25; 8:30 a.m. - 2 p.m. at the Houstonian**

**Saturday, Sept. 26; 8:30 a.m. - 2 p.m. at the Houstonian**

The half-day *Guide to Good Divorce* seminars include sessions led by Yates on the law of divorce in Texas, and presentations from a certified divorce financial analysts, therapists and other wellness experts. More than 400 women have attended the quarterly workshops since they began in 2012.

“We introduced our seminars in 2012 and have had great success reaching many women who find themselves at this difficult cross-road. I have witnessed our attendees draw strength, comfort and self-confidence from our seminars and each other as they tackle the many challenges of divorce.”

Yates has practiced family law in the greater Houston Metropolitan Area since 1986. His idea for the seminars evolved over several years as he realized many of his female clients going through divorce could benefit from additional assistance beyond legal services.

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***About The Guide to Good Divorce***

*The Guide to Good Divorce program is designed to help women successfully navigate all stages of the divorce process, and move toward a healthier, happier life – post-divorce. The educational program and seminars were created by Houston-based, Board Certified Family Law attorney, Trey Yates. At the heart of the program is information and guidance from uniquely qualified experts on the law of Divorce in Texas, divorce financial planning, life skills, and achieving physical and spiritual wellness. The Guide to Good Divorce also provides opportunities for women facing divorce to network and connect with each other for support. For details, visit [www.GuideToGoodDivorce.com](http://www.GuideToGoodDivorce.com), or call 713-932-7177.*

***About The Law Office of Sam M. (Trey) Yates***

*The Law Office of Sam M. (Trey) Yates, III, P.C. has been serving citizens of Harris, Fort Bend, Galveston, and Brazoria counties since 1986 primarily in the area of complex family law matters divorce and probate/guardianship litigation. Trey Yates is certified by the Texas Board of Legal Specialization in Family Law. For more information, visit [www.treyyateslaw.com](http://www.treyyateslaw.com) or call 713-932-7177.*

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